



## *2011 Connecticut State Taekwondo Championship*

### *Menu*

#### *Breakfast*

Egg Sandwiches  
Yogurt Parfait, Chobani Yogurt  
Assorted Bagels with Cream Cheese

#### *Hot Apple Cider Donuts*

#### *Sandwiches*

Italian Sausage, Peppers & Onions Sub  
“Spicy” Chipotle Chicken & Black Bean Burrito on a Black Bean Wrap  
Barbeque Pulled Pork on a Portuguese Roll  
Hummel Hot Dogs

#### *Kim's Yami Sushi Co.*

Assorted Premium Rolls  
Sesame Noodle Salad

#### *Garden Salads*

Choice: Plain, Chicken or Chef

#### *Pizza*

Plain  
Pepperoni

Ice Cream

Assorted Drinks, Organic Fair Trade Coffee, Water, Gatorade